

celebrating PROSIT years

A PUBLICATION OF THE MALVERN RETREAT HOUSE, ST. JOSEPH'S-IN-THE-HILLS

WINTER 2010

COMMUNION BREAKFAST PROGRAM HONORS MALVERN RECRUITERS

It has been a challenging year for our Malvern recruiters. The record snowfalls in February and March and the lingering impact of the poor economy on jobs and overall prosperity have created a difficult climate for recruiting in 2010.

Recognizing this, the League has seen fit to dedicate the 2010 Annual Communion Breakfast to our Malvern recruiters for their continuing efforts to bring souls to St. Joseph's-in-the Hills.

On Sunday November 14 our Rector, Father Gregory Hickey, celebrated the Communion Mass at 11:00 AM at Malvern Prep. A brunch in the main Dining Room of the retreat house followed the Mass. The Mass was scheduled for Malvern Prep as the retreat house was hosting the Ave Maria Group retreat.

New Captains Patrick McKay of the PECO Group and Raymond McCabe of St. John Neumann were awarded their blue Captains pins during their commission ceremony at the Mass. At the Communion Breakfast President Jim Fitzsimmons awarded



Past CA Captain John Bowes of Our Lady of Fatima Group receives his Honor Roll Certificate of Appreciation at Communion Breakfast.

Certificates of Appreciation to the Honor Roll Recruiters present. In total 229 Honor Roll Recruiters received Certificates of Appreciation for having recruited ten or more retreatants this past year. The program book listed the names and groups of over seven hundred Associate Captains that brought at least one other person on retreat this past year.

Past President Jim Foley was the guest speaker at the event and former Philadelphia Eagles General Manager Jim Murray was the Master of Ceremonies. In his remarks to the Associate Captains, Mr. Foley said, "I know it is not an easy thing to do, to ask someone to join you on a spiritual retreat. None of us likes to make ourselves vulnerable, to open ourselves

to possible rejection, to commit to a leadership role for a period of time. Yet if not you, who? Who speaks for Christ in this world, who offers the opportunity for what can be a life-changing experience, an opportunity to strengthen, to renew or event to find a personal relationship with the Lord?"

2012: OUR 100TH ANNIVERSARY CORNERSTONE EVENTS ARE SET!

How often do you get "Save the Date" notices almost two years in advance? Thanks to dedicated efforts of the Anniversary Gala and the Religious Activities Committees, we have successfully established dates, times and locations for two of the cornerstone events for our year-long 100th Anniversary celebration in 2012.

Saturday May 12, 2012

The Anniversary Gala Committee, chaired by Frank Marx and Duane McCarthy, has secured the dates, times and locations for our 100th Anniversary Gala Celebration! Thanks to the

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A Letter from the President

James A. Fitzsimmons, President

*Do not get tired of doing what is good.
Don't get discouraged and give up.
For we all reap a harvest of blessing at
the appropriate time.
—Galatians 6:9*

What a timely message from St. Paul! Our recent Thanksgiving celebrations with our families indeed were a harvest of blessings. The year had been a difficult one for many of our members and yet we end the year with two holidays which exemplify giving thanks, expressing hope in what is the darkest time of the calendar year. We Christians have learned well the message of Jesus Christ reiterated by Pope John Paul II who reminded us "Do not be afraid."

As I look back over 2010, I am humbled once again by the demonstrations of faith, hope and charity of our 21,000+ retreatants. Our grounds are widely attended by individuals and groups who come to Malvern to be refreshed in their faith and find on our holy grounds the wonderful chapels, oratories, outdoor shrines and Stations of the Cross that provide them the opportunity to listen to their Lord. This quiet respite enriches us all and enables us to support our personal faith journey as well as our family, friends and parishoners. What a blessing to be a part of Malvern.

As you may know, the heavy snow storms took their toll on our registrations. There were over 325 cancellations in our first quarter... our strongest quarter. Subsequent

unemployment conditions again took almost 200 retreatants from our rolls. We are always challenged to recruit individuals to join our traditional weekends for men and women. People's scheduled are challenged but as St. Paul reminded us, 'Do not get tired of doing what is good.' Please reenergize your recruitment efforts, allow others to experience the legacy of faith we have here at Malvern. Your recruiting efforts of new members alongside the ongoing reminders to your group members not to miss a weekend or make it up on one of the other 44 weekends. We need your help.

I recently attended a meeting where a religious sister told the group that she had three requests of

us. First, we need your prayers. Second, we need your money and third we need your daughters. Pretty simple for their community. We could add your spouses, sons as well as your daughters. Our goal for our Associate Captain recruiters is to celebrate our 100th Anniversary by bringing 10,000 retreatants to our traditional Men of Malvern retreats in 2012.

Our depleted numbers this year have raised the bar on our Annual Appeal and Major Gifts. As many of you have heard our plea for participation in this Annual Appeal, the results have not been great. While there is a little improvement, our ability to make our budget goals is very difficult. We are a self sufficient organization and your support is essential for us to meet our bills and overall responsibilities. The current 10 % participation in our appeals needs your attention and response. We honestly need your

participation to make this ministry strong to adequately minister to you and the generations to follow.

Like my good friend, the religious sister, pray for us but send us your money, spouses and children for one of our many exciting and diverse programs. The end of the year is traditionally a good time to make those tax deductible gifts. Remember us and I look forward to serving you with the proper resources in 2011.

On behalf of the Board of Directors, the Staff and our Associates, I thank you for your support and wish you and yours a Merry Christmas and a Holy, Healthy and Happy New Year.

Prosit!

**James A. Fitzsimmons
President**

PROSIT

Published three times a year for retreatants at the Malvern Retreat House, Malvern, PA

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In the News

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expert negotiations of our Director of Hospitality, John Cannon, the Gala Celebration is contracted for the Philadelphia Hilton on City Line on Saturday May 12, 2012 at 6 p.m. The evening will feature a piano player during cocktail hours and dinner, followed by a live band and dancing. The "Anniversary Gala" Committee continues to work on plans to make this a historic and memorable event!

Sunday, October 28, 2012

The "Religious Activities" Committee, chaired by Tom Keiser and Dan DeLucca, has secured the dates, times and locations for our 100th Anniversary Mass and Luncheon! Cardinal Rigali will celebrate our 100th Anniversary Mass at the Cathedral Basilica of Saints Peter and Paul in Center City Philadelphia on Sunday, October 28, 2012 at 11:00 a.m.

Immediately following Mass, we will proceed across the street to enjoy a full course meal at the Sheraton Philadelphia City Center Hotel. Please save both of these dates on your calendars. We need you! We are counting on all you and all of our friends to attend these celebrations and demonstrate their support of Malvern Retreat House.

RIGOLIZZO AND HARKINS LEAD THE WAY

The League is grateful to Michael Rigolizzo and John Harkins for their stewardship gifts that have enabled us to significantly improve our retreat house this year. Michael is the Captain of the Ave Maria Group and is in the construction business. His team of



painters and plasterers repaired and repainted St. Joseph's Library and second and third floor hallways, the Main Dining room and Upper and Lower McShain. John donated 50,000 barter points that allowed the League to replace the carpet in St. Joseph's Chapel, Library and foyer, third floor of Immaculate Conception and Upper and Lower McShain. Gifts like this allow the League to make important improvements at minimal or no cost. This is what stewardship is all about. If you have the resources to help Malvern in some way, contact President Jim Fitzsimmons at 484-321-2525 or Hospitality Director John Cannon at 610-399-1124.

BOARD APPROVES MRH PILOT PROJECT

The Board of Directors has approved funding for an initiative aimed at determining if high profile Retreat Directors will significantly improve attendance on traditional weekend retreats. Starting in 2011, four groups will test a number of scenarios including having one prominent director leading both SJ and OL groups or two prominent directors each conducting their own conferences. Other options are also being considered. The project will be lead by Board member Dr. Joseph Capista, past Captain of the Six-Three Group. Dr. Capista, a prominent dental surgeon and motivational speaker,

believes Malvern must take steps now to determine how best to improve traditional weekend retreat attendance. The duration of the test will be from three to five years.

MARK YOUR CALENDAR- WEBSITE LISTS 2011 RETREATS

The entire 2011 retreat schedule is now on the Malvern website. For traditional weekend retreats the group name, date of retreat, the names of Retreat Directors and Captains is listed. Visit the website to find the date for your retreat and mark your 2011 calendar so you don't schedule anything that will keep you from making your retreat in 2011.

REMEMBERING OUR DECEASED

An overflow crowd gathered in the courtyard of the McShain-Horstmann Family Life Center on the brilliant Sunday afternoon of September 14. They came to pray for and remember in a special way their deceased Man or Woman of Malvern. In his homily Fr. Hickey spoke of the sorrow and separation of death and the joy of resurrection and a new

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Captain Lou Greco greets guests at reception following Annual Mass for Deceased Retreatants.

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life in the Lord. Father reminded all that our deceased are enrolled in the Malvern Remembrance Association where they will be prayed for continually in all the Masses and devotions of our retreatants. Among the names of the deceased listed in the program was Betsy Mulrooney, wife of Tuck Mulrooney former Captain of Archbishop Fitzmaurice. A few years ago Tuck and Betsy donated the statue of St. Joseph that is in the 'little house shrine'. Josephine Mirarchi and Betty Rivero were also there to pray for their respective husbands, Judge Charles Mirarchi and Peter Rivero. Charles and Peter were lifetime friends and leaders of the Caenaculum Group. Both passed away this year.

PROSIT GROUP SAYS "FR. O'DONNELL ROCKS!!"

If the surveys from the Prosit Group's retreatants are any indication, our former rector Fr. Dennis O'Donnell has lost none of his skill as an inspirational retreat director. Survey comments included "Best retreat in my 37 years!", "Fr. O'Donnell rocks!", "Fr. O'Donnell should be on national TV!".

In 2011 Fr. O'Donnell will be the Retreat Director for Our Lady of Fatima retreat (Jan 14,15,16), Holy Spirit retreat (Jan 28,29,30), St. John Neumann retreat (Feb 11,12, 13), Pope Pius XII retreat (March 4,5,6), Palm Sunday retreat (April 15,16,17), Mid-May retreat May 13,14,15), Our Lady of the Sacred Heart retreat (June 10,11,12), Six-Three retreat (June 17,18,19), Chester County retreat (August 12,13,14),



NEW RETREAT RESERVATION FORM

Starting in January 2011 the League will be mailing out a new one-copy reservation form to retreatants when their retreat is scheduled. The familiar three-part carbonized form is being discontinued. The new one-part form will be preprinted with the same information as the old form plus a space for email address. Retreatants are to send back the form with a deposit check in the return envelope provided. The new form will be considerably less expensive than the old form and is part of the conversion to the new Results Plus system.

NEW JERSEY RECRUITING ACTIVITY

The Garden State has been the scene of some very active Malvern recruiting in September and October. Working with Deacon Fred Kutner of the Our Lady of Fatima Group, President Jim Fitzsimmons spoke at all Masses at St. Mary's Church in Barnegat and the second parish church in Manahawkin on Sunday October 10. Earlier in October John Bowes, former Captain of Our Lady of Fatima made his Malvern recruiting presentation to his Knights of Columbus chapter in Seaside Heights. For the past few months the Retreat Committee's John Demas spoke at a number of South Jersey Knights of Columbus meetings inviting K of C members to come to Malvern for a retreat.

"Recruiting new members is critical to the growth of our mission and I applaud these efforts at reaching out to potential retreatants in New Jersey." said Dave White, Chairman of the Retreat Committee.

MALVERN EXPANDS VOLUNTEER PROGRAM

A new blue binder entitled "Volunteer Sign-Up" is now on the table at the rear of the dining room to make it easier for retreatants to volunteer at Malvern. The binder lists a description of Malvern's needs for each area of occupation i.e. painter, carpenter, electrician, plumber, office worker, gardener, kitchen worker, general maintenance worker, website designer, systems specialist, marketing analyst, newsletter reporter and more.

Volunteering your services for a few hours a week or even once a month can help MRH reduce costs. Retirees are invited to share their skills and workplace expertise. For a long time every Friday morning volunteer George Yost of the Prosit Group repaired our doors and locks. Through the years George must have saved us thousands of dollars. George has passed away but we will long remember his spirit of stewardship.

To learn more about how to volunteer your services check our website at malvernretreat.com or call Anne Praino at 484-321-2512. (apraino@malvernretreat.com). George would be pleased to know that you are following his example.

WELCOME BACK ROGER!

We are pleased to report that MRH Maintenance Supervisor Rodger Reed is recovering well from his recent heart surgery. Roger picked up his job mail at the office on Wednesday Oct 20 and is slowly getting back his strength. Good to see Roger on the road to recovery.

Reflections from Rev. Gregory J. Hickey

On January 3rd of 2011, I will begin my 5th year as your Rector. The time has literally flown by and I am so grateful for so many things and for so many of you who have touched my life so deeply. I know that you hold your own retreats so close to your hearts but I am privileged to see all of the retreats and over 26,000 people a year. The greatest gift I have is the privilege of celebrating Mass for you and the confidence you have placed not only in me but in all of our priest directors when you afford yourself of the Sacrament of Reconciliation. Every week during the year, we have over 8-10 priests who give of their time to hear Confessions. I am so grateful to the Augustinian priests and my brother diocesan priests who give so generously of their time in hearing Confessions and celebrating God's forgiveness.

Forgiveness is a path to personal power and peace. By practicing forgiveness daily, we can replace resentment with the warmth of positive feelings for others. We can replace faultfinding with harmony, "Only the brave know how to forgive." wrote eighteenth century British novelist Laurence Sterne. For some of us, it is the hardest thing we will ever do (Abbott, 1989, pg.1).

When I used to vacation in Cocoa Beach, Florida in the 90's, there was a wonderful Pastor there at Our Savior Parish who was from Kilkenny, Ireland and is now the Pastor of Ascension Catholic Church in Melbourne, Florida. He has a wonderful book, which I would recommend. It is short but powerful and is entitled, "How to Forgive Yourself and Others." His name is Father Eamon Tobin. On Pages 1-4, he tells us what forgiveness is and what it is not. I think that would

help so many of you who celebrate the Sacrament of Reconciliation so often and have questions on self-forgiveness.

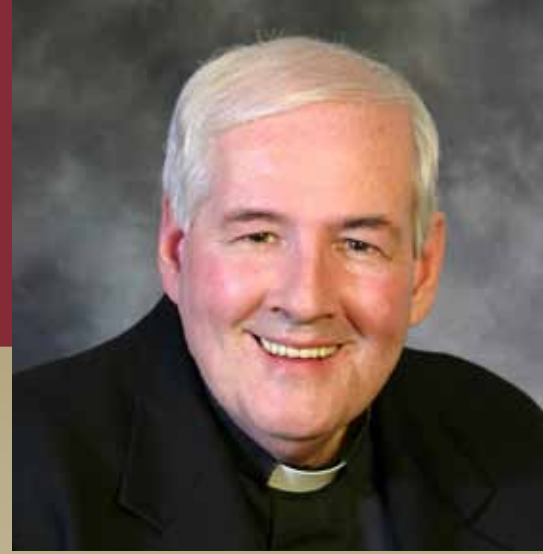
The word "Christian" is synonymous with forgiveness. Jesus Christ reveals not only God's forgiveness of us, and asks that we forgive one another, but also implies that we forgive ourselves. This last aspect of Christ's message is not stressed or discussed enough. However, if we call ourselves Christian, we have to be able to forgive ourselves. If we have not forgiven ourselves, then we have not experienced the fullness of redemption, been reconciled with ourselves, nor achieved Christian maturity.

This statement is strong, even a bit shocking, but it should be taken seriously. People are often stunned when I ask, after they have admitted to a failure or a sin, "You believe God has forgiven you, but have you forgiven yourself?" Many people hardly consider this.

The deeper aspect of forgiveness that some of us never experience is self-forgiveness. We believe that God forgives us; now He invites us to forgive ourselves. We have to take God seriously and apply His forgiveness by actually forgiving ourselves. In this vein, we shall genuinely experience God's forgiveness, the fullness of Redemption and reconciliation with ourselves. Thank you for availing yourself of this beautiful sacrament of God's healing presence and for deepening your spirituality on retreat.

Prosit!

Fr. Greg Hickey, Rector
ghickey@malvenretreat.com



Abbott, S. (1989). Forgiveness: The power and the process. Hazelden: Center City, MN. Tobin, E. (2006). How to forgive yourself and others (3rd Ed.). Liguori Publications. Liguori, MO.

Theme for 2011 Retreats: "Put out into the deep"

Archbishop Timothy Dolan in his book entitled, "To Whom Shall We Go?" speaks to us of our theme of "putting out into the deep". He suggests that Jesus is not talking to us about fishing but about casting out into the depths of the spiritual life. Our late Holy Father, Pope John Paul II has called for a New Evangelization. This call has implications for both the church—which deeply needs a new evangelization—and the culture which has been deeply de-Christianized and is desperately in need of this new evangelization.

The Church calls each of us, priests, religious and laity to be renewed, reformed and repositioned in order to faithfully carry out the tasks of "putting out into the deep" waters of the world into which she is still sent on mission.

This coming year of 2011 we will use this theme in all of our conferences as we hope to deepen the spirituality of our retreatants.

League Support



The Duff Family donated this Wish List golf cart to Malvern last Christmas.

Wish List

The League has need for the following items. Call Hospitality director John Cannon at 484-321-2541 if you can donate any of these or have questions. Your donations will help reduce our expenses and will be gratefully acknowledged..

Electronic equipment: Mikes, Mike Cables, Musical instrument Amplifiers, Mike Stands, Music Stands, any used but working sound equipment is welcomed. Later model laptops capable for playing CD's & DVD's and connecting to WIFI. Student or professional grade portable keyboards or Clavinovas (not console organs) in good working order.

Chapel Needs: New Ciboriums, set of three.

Housekeeping: Commercial Vacuum Cleaners, Commercial size heavy duty tile scrubber and/or floor waxer. Commercial size washer and dryer. Passenger or utility van.

IN LIEU OF FLOWERS

The League is grateful for memorial donations directed to Malvern in lieu of flowers. Donations have been received in memory of the following retreatants, family members and friends that have passed away this year.

- In Memory of Mrs. Constance Ashman
- In Memory of Mr. John D. Blaisse.
- In Memory of Dr. James Blue
- In Memory of Mr. Joseph A. Cella
- In Memory of Mr. Frank DiGiandomenico
- In Memory of Mr. Ernest DiNardo
- In Memory of Dr. John J. Evans
- In Memory of Mr. Robert E. Feiller
- In Memory of Mr. Jim Groome, Sr.
- In Memory of Mr. Thomas R. Hackett
- In Memory of Mr. Joseph P. Hand
- In Memory of Mr. John J. Huston, Sr.
- In Memory of Mr. James J. Kennedy
- In Memory of Mr. Anthony F. Loiacono
- In Memory of Hon. Charles P. Mirarchi, Jr.
- In Memory of Mr. Thomas Murphy Jr.
- In Memory of Mr. John Smith

For information about these and other memorials at Malvern call Margie Hargrave at 484-321-2577.

ANNE MCGLONE RESIGNS

Malvern's Director of Marketing, Anne McGlone, has left MRH to open her own marketing consulting firm and to work with the worldwide apostolate of the Sacred Heart. Anne was a valued associate who will be dearly missed. We wish Anne the very best in her new career and thank her for the many contributions she made in promoting our retreat programs. The League is presently interviewing candidates for the Director of Marketing position.

IN KIND GIFTS

There are many ways to support the growth of the mission of Malvern. In kind gifts are gifts other than cash. The League is grateful to the following retreatants, families and friends that have made in-kind gifts this year.

- Gary Molz- cases of paper for the office
- Ward Mintzer- 50-50 winnings at MRH Golf Outing
- Antonio Doroba-Our Lady of Guadalupe painting
- Stephen P. Rapone-painting for the main dining room.
- Andrew J. Berenty-Pope John Paul II Tribute Books
- The Portone Family- vestments.
- The Mirarchi Family-a cruet set for chapel
- John and Roseann Colgan-Flyer Tickets for golf auction
- Rob Biaocco-Eagles tickets to golf auction
- Joseph V.DiGiandomenico-Jazzy Select Motorized Scooter
- Wal-Mart Stores-supply of miscellaneous items.

SAVE THE DATE FOR MRH GOLF CLASSIC

Circle Monday May 16 on your new 2011 calendars. That's the date of the MRH Golf Classic. Brian McCormick, Event Chairman, announced this year the Classic will be played at the beautiful Talamore Country Club in Ambler, PA. For up to date information contact Michele O'Neill at 484-321-2544 or moneill@malvernretreat.com.

A Legacy of Time

Obituaries

James D. Princivalle, Lennox Award Winner

Former C.A. Captain and Board member James D. Princivalle passed away on Tuesday October 19. Jim served as Captain of the Sacred Heart Group from 1972 to 1982 and again from 1989 to 1997. He served on the Board of Directors from 1989 to 1998. Jim received a number of awards from the League including the

Outstanding Service Award in 1988, the C.A. Captains Hall of Fame Award in 1993 and the William M. Lennox Award in 1997. In his professional life Jim was an award winning illustrator and free lance commercial artist. His fine art can be found in galleries and in private collections throughout the U.S. He lent his talents generously to Malvern and we will be forever grateful to Jim for the gift of his artwork and his contribution to our mission. He was 80 years old.

Monsignor Thomas J. Scanlon

Former Malvern Rector Monsignor Thomas J. Scanlon passed away on August 30. Monsignor Scanlon served as Malvern's rector from 1981 until 1989. He replaced Monsignor Anthony McGuire in August of 1981. His previous assignment was teacher at Bishop McDevitt High School. During his career Monsignor

Scanlon served as retreat director, counselor, youth minister and Chaplain of various organizations including Marriage Encounter. In August 1989 he was named pastor of Resurrection parish in northeast Philadelphia. Bishop Michael Fitzgerald celebrated his funeral Mass at St. Titus Church in East Norriton.

Judge Edward J. Zetusky Jr.

Former St. Blaise-Curran Memorial C.A. Captain Edward J. Zetusky Jr. died on September 25 after a brief illness. Judge Zetusky was a graduate of Villanova Law School. Prior to becoming a judge, he practiced law in the city of Chester. He was elected to a 10-year term as Judge of the Common Pleas Court in 1995, retained by

re-election in 2005 and elected President Judge in 2007. Judge Zetusky served as Captain of the St. Blaise-Curran Memorial Group from 1998 to 2010. He served on the Board of Directors from 1997 to 2001. In recognition of his contributions to our mission, Judge Zetusky was honored with the Chairman's Award earlier this year.

The League congratulates the following Men of Malvern on having achieved these anniversary milestones. Our prayer is that you return year after year to St. Joseph-in-the-Hills.

Half-Century Retreatants

Anthony J. Colangelo, Sr.
Thomas Daniels
Paul J. Taraschi Jr.
John J. DiGianivittorio, Sr.
Joseph C. Granese
Robert M. Kinslow
Alan S. Speaker

L.J. Ferdinand-Hazleton Group
L.J. Ferdinand-Hazleton Group
Chester County Group
Cana Group
Christus Rex Group
St. Joseph Group
PECO-Good Shepherd Group

Quarter-Century Retreatants

Donald W. Nicholson Jr.
William J. Riordan
John M. Connelly
Michael M. Lencsak
Robert A. Letter
Joseph J. Coogan
Louis Amici
Joseph L. Bondi
Brendan McCahon
Chris Taraschi
Paul Taraschi III
Francis E. DeSimone
Joseph C. Callaghan, Jr.
James B. Cressman
Edward Bonett, Jr.
Christopher J. Berner
Lee J. Bolmer
Edward R. Janci
Peter J. Krywczuk
Dr. Thomas R. Luisser
Joseph N. Downs
Stephen M. Duff
Maurice J. Brady III
John T. McCauley
Stephen Rapone

Six-Three Group
Our Lady of Lourdes Group
L.J. Ferdinand-Hazleton Group
L.J. Ferdinand-Hazleton Group
Our Lady Queen of Peace Group
Our Lady Queen of Peace Group
Chester County Group
Chester County Group
Chester County Group
Chester County Group
Chester County Group
Our Lady of the Sacred Heart Group
Edw. J. Friel Sr. Memorial Group
Edw. J. Friel Sr. Memorial Group
Holy Week Group
Our Lady of Perpetual Help Group
Our Lady of Perpetual Help Group
Our Lady of Perpetual Help Group
Our Lady of Perpetual Help Group
Our Lady of Perpetual Help Group
Nativity B.V. M. Group
Nativity B.V. M. Group
Nativity B.V. M. Group
St. Joseph Group
St. Pius X Group



The Direction for Our Times material available throughout the Malvern Retreat Center is provided by Stewardship: A Mission of Faith. These books, booklets, and CD's, available to any retreatant for a free-will donation, are a beautiful collection of spiritual internal locutions received in the heart of Anne, a lay apostle. For more information about Stewardship: A Mission of Faith please visit their website at www.StewardshipMission.org.

PROSIT

Malvern Retreat House

St. Joseph's-in-the-Hills

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CHAIRMAN'S MESSAGE TO OUR RECRUITERS

This year our Communion Breakfast was dedicated to our Associate Captain recruiters. On behalf of the Board of Directors, Retreat Committee and All Men and Women of Malvern, I want to express our appreciation to our Associate Captain recruiters for having brought people to Malvern this past year.

As Past President Jim Foley reminded us in his Communion Breakfast address, it is not easy to ask someone to join you on a spiritual retreat, to risk rejection but you are offering people a chance for a life-changing spiritual experience and you are speaking for Christ in the world.



Thank you for your good work and special thanks to the 229 Associate Captains that made our Honor Roll by bringing ten or more on retreat last year. God bless you for your efforts. We could not continue our mission without you.

Frank J. Marx Sr.
Chairman