

2023 SUGGESTED RETREAT SCHEDULE MALVERN RETREAT HOUSE

All Exercises will be held in Upper McShain unless otherwise noted.

FRIDAY NIGHT

PM

- 5:00 **Registration** (Dining Hall)
6:30 **Dinner**
7:15 **Welcome** by the CA Captain and Rector
7:35 **Orientation** for New Retreatant (Lower McShain)
8: 00 **Conference**
9:00 **Celebration of the Eucharist** (Our Lady's Chapel or Upper McShain)
9:30 **Private Adoration Begins in the Oratories**
10:00 **Open AA Meeting** (Lower McShain).

GRAND SILENCE BEGINS IN AND AROUND CHAPEL AND DORMATORIES

SATURDAY

AM

- 7:00 **Rise**
7:20 **Angelus** at bedroom door
(Regina Coeli during Easter Season)
7:25 **Morning Prayer** (Chapel)
7:45 **Flag Ceremony**
7:50 **Breakfast**
9:00 **Conference**
9:45 **Reflection & Faith Sharing**
10:15 **Reconciliation Service** followed by individual confessions (Chapel).

PM

- 12:15 **Lunch** (Awards and President's Remarks)
1:30 **Guest Speaker / Focus Group** – Discussion on connection between conferences and living the faith with Guest Speaker.
or **Free Time**
3:15 **Celebration of the Eucharist** (Our Lady's Chapel or Upper McShain)
4:15 **Way of the Cross** (outdoors weather permitting or in Chapel)
or **Free time**
6:00 **Dinner**
7:00 **Organizational meeting (CA Captain's room)**
7:15 **Rosary** (Location TBA)
7:35 **Conference**
8:35 **New Retreatant Ceremony** (All are *encouraged to* attend)
9:00 **Benediction** followed by **Night Prayer**
9:30 **Coffee & Danish** (Lower McShain)

SUNDAY MORNING

AM

- 7:00 **Rise**
 - 7:20 **Angelus** at bedroom door
(Regina Coeli during Easter Season)
 - 7:25 **Morning Prayer (Chapel)**
 - 7:45 **Flag Ceremony**
 - 7:50 **Breakfast**
 - 8:45 **Conference**, including blessing of religious articles
 - 9:30 **Reflection & Faith Sharing**
 - 10:00 **Celebration of the Eucharist** (Our Lady's Chapel or Upper McShain)
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The CA Captains many decide to move some of the religious activities to the Chapels if weekend numbers allow for it. Any changes to activities location will be announced at the start of the retreat weekend.