

Malvern Retreat House  
November 15-17, 2024

## Sisters In Christ - A Retreat For All Women

### The Refresh Retreat: A Spiritual Spa For The Soul



Feel your burdens melt away as you refresh, restore, and reconnect with God. A sanctuary for the soul, the Refresh Retreat offers grace filled prayer, restoring talks, gentle movement, and heartwarming fellowship, all on the peaceful grounds of Malvern Retreat House.

Leading the retreat are Heather Makowicz, Nicky Verna, Jillian Buhl and Jeannine Peters.

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## Malvern Retreat House Family Life Center

**Cost Per Person: \$275 Includes Room and Meals**

315 S. Warren Ave  
Malvern PA



[www.malvernretreat.com](http://www.malvernretreat.com)  
or 610-644-0400